

DAVID SHAMSZAD

CEO. ENTREPRENEUR. AUTHOR. MENTAL HEALTH ADVOCATE.

SPEAKER PROFILE

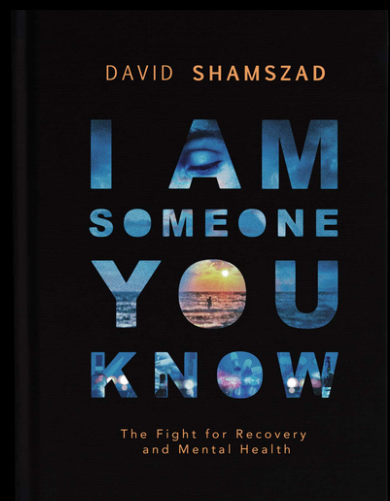


David is the author of *I Am Someone You Know: The Fight for Recovery and Mental Health*. David grew up in the Bay Area and graduated from Dartmouth College. As a teen and young adult, he spent more than a decade battling untreated bipolar disorder and addiction to drugs and alcohol. Through treatment and support, he found sobriety, mental health, and professional success as the founder and CEO of SG Real Estate.

David now uses his own experiences of treatment and recovery to be of service to others at risk of, or struggling with, mental illness and/or addiction. Through speaking, writing, and mentoring, David's authentic personality and speaking style connect with all audiences and demographics, including people at-risk, in crisis, and their supporting families and communities. David is available to speak at events and campuses in California and around the country.

THE BOOK

I Am Someone You Know: The Fight for Recovery and Mental Health is a raw, hard-punching literary memoir that takes its readers inside of a mind at war with itself. It's an unforgettable journey through both the despair of untreated mental illness and addiction and the catharsis of redemption and prosperity. This story shows us that, even in the face of great pain and desperation, we can still find hope, love, and the courage to fight.



SPEAKING TOPICS

- Mental Health and Self-Care
- Addiction and Recovery
- Entrepreneurship

AVAILABLE FOR

- Readings and Speaking Engagements
- Subject Matter Expert Panels
- Interviews and Podcasts

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